



Perineal Trauma – Prevention Education, Evaluation Repair & Scanning (PEERS+).

Heidelberg University 12-14 October 2023

PEERS+ is a hands-on practical course covering the topic of maternal perineal and pelvic floor trauma at the time of childbirth. It is suitable for different levels of students studying aspects related to women's health. These include students studying medicine, midwifery, nursing, and physiotherapy both at undergraduate and postgraduate levels.

Learning outcomes:

At the end of this course, you will be able to

- Appraise interventions to reduce perineal trauma
- Practice evidence-based techniques for trauma repair
- Perform trans-perineal scans on simulators
- Interpret investigations for pelvic floor disorders
- Understand the potential of pelvic floor exercises
- Counsel women about the best mode of birth.



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This is a three-day face-to-face hands-on training using simulators and animal models. You will be able to reconstruct the pelvic floor anatomy using the purpose-developed Pelvic+. You will also be able to undertake surgical repairs on animal models to train you how to repair different degrees of perineal trauma including Obstetric Anal Sphincter Injuries. International experts in the field will be delivering the training.

We look forward to welcoming you on our course.