## Alpe d' Huez departure information

Departure: 25.1.2013 at 18.00 from Bruslařská 10, Praha 10

Meeting: at 19.30 at the same place

**Necessary to keep these instructions** 

- 1x luggage maximum size 90x60x50cm + skiboots in bag

- Smaller carry-on bag

- Take either downhill skis or snowboard in a bag – in case you want to take both contact the chef of the course Dr. Vera Svobodova at vera.svobodova@lf3.cuni.cz

- Ski-helmet is compulsory

## Don't forget

- sleeping bag or sheets

- refundable deposit of 100 300 Eur per apartment
- index and passport

Foreign students that do not have Czech nationality will have to arrange health insurance for risk sport's injury. Overpayment will be returned.

As the 6 days skipas is valid till Friday we succeeded to organise the transport back to Prague on Friday evening and supposed return to Bruslarska 10, Praha 10 is on Saturday 2.2.2013 around noon.