

English speaking students - PE schedule

2012/ 2013

valid from 1.10.2012

Monday			
time	sport	teacher	place
15:45 - 16:30	swimming	Hněvkovský	SCUK - swimming pool
16:30 - 17:15	swimming	Gajdošík	SCUK - swimming pool
16:00 - 17:00	climbing	Klein	Juliska
17:00 - 18:00	climbing	Klein	Juliska
Tuesday			
time	sport	teacher	place
14:30 - 15:30	aerobics	Vladyková	SCUK- aerobic hall 1
15:00 - 16:00	fitness	Klein	SCUK - bodybuilding gym
15:30 - 16:30	PilatYoga	Vladyková	SCUK - aerobic hall 2
16:00 - 17:00	climbing	Gajdošík	Juliska
16.45 - 18.00	tennis	Hněvkovský	SCUK - tennis hall
16:30 - 17:15	aquaaerobics	Vladyková	SCUK - swimming pool
17:00 - 18:00	climbing	Gajdošík	Juliska
Wednesday			
time	sport	teacher	place
14:00 - 15:00	fitness	Svobodová	SCUK - bodybuilding gym
15:00 - 15:45	swimming	Svobodová	SCUK - swimming pool
15:00 - 16:00	fitness	Gajdošík	SCUK - bodybuilding gym
15:45 - 16:30	swimming	Svobodová	SCUK - swimming pool
16:00 - 17:00	climbing	Klein	Juliska
17:00 - 18:00	climbing	Klein	Juliska
Thursday			
time	sport	teacher	place
10:00 - 11:00	stretching	Svobodová	Motol Hospital -1D
11:00 - 12:00	over balls	Svobodová	Motol Hospital -1D
16:00 - 17:00	climbing	Gajdošík	Juliska
17:00 - 18:00	climbing	Gajdošík	Juliska
Friday			
time	sport	teacher	place
8:00 - 9:30	squash	Čechovský	Esquo Strahov
9:30 - 11:00	squash	Čechovský	Esquo Strahov
10:00 - 11:00	fit ball	Milerová	SCUK - aerobic hall 2
11:00 - 12:30	badminton	Klein	Astra Záběhllice
12:15 - 13:15	table tennis	Hněvkovský	SCUK - table tennis hall
12:30 - 13:30	fitness	Horn	SCUK - bodybuilding gym
13:00 - 14:00	stretsching	Svobodová	SCUK - aerobic hall 1
13:30 - 14:15	swimming	Hněvkovský	SCUK - swimming pool
14:00 - 15:30	over balls	Svobodová	SCUK - aerobic hall 1
14:00 - 15:30	tennis	Polášek	SCUK - tennishall
14:15 - 15:00	swimming	Hněvkovský	SCUK - swimming pool
15:00 - 15:45	swimming	Hněvkovský	SCUK - swimming pool
15:00 - 15:45	free swimming	Hněvkovský	SCUK - swimming pool
15:30 - 17:00	tennis	Polášek	SCUK - tennishall 10

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